

## SUMMER MENU 02<sup>nd</sup> – 06<sup>th</sup> October 2023

**Monday 02<sup>nd</sup> October 2023**

PEDAGOGICAL DAY

**Tuesday 03<sup>rd</sup> October 2023**

CYCLE RACE – SCHOOL CLOSED

**Wednesday 04<sup>th</sup> October 2023**

CANTEEN CLOSED

**Thursday 05<sup>th</sup> October 2023**

**Nursery, P1-P2**

<b>First courses</b>	PASTA with PESTO SAUCE (1,2,3,12,13) RICE WITH OIL (1)	Pasta with pesto sauce Turkey Roast
<b>Second courses</b>	TURKEY ROAST (1,3) + RAW or COOKED* VEGETABLES HAM and CHEESE (3) + RAW or COOKED* VEGETABLES	Roasted potatoes Yogurt
<b>Daily Salad</b>	with CHEESE and OLIVES (3)	
<b>Vegetarian course</b>	VEGETABLES BURGER	
<b>Dessert</b>	FRUIT	

**Friday 06<sup>th</sup> October 2023**

<b>First courses</b>	GNOCCHI OF SEMOLINA (1,2,3) PASTA with TOMATO SAUCE and SPECK (1)
<b>Second courses</b>	GRILLED SAUSAGES + RAW or COOKED *VEGETABLES BRESAOLA + RAW or COOKED* VEGETABLES
<b>Daily Salad</b>	with TUNA and EGGS (2,5)
<b>Vegetarian course</b>	OMELETTE (2,3)
<b>Dessert</b>	FRUIT

## ALLERGENICS USED IN THE MENUS:

1- GLUTINE	Cereals containing GLUTEN
2-UOVA	EGGS and derivatives
3- LATTE	MILK and derivatives
4- CROSTACEI	SHELLFISH and derivatives
5- PESCE	FISH and derivatives
6- MOLLUSCHI	MOLLUSCS and derivatives
7- SESAMO	SESAME seeds and derivatives
8- SENAPE	MUSTARD and derivatives
9- SOIA	SOYA and derivatives
10- SEDANO	CELERY and derivatives
11- SOLFITI	SULPHUR DIOXIDE and SULPHITES
12- ARACHIDI	PEANUT and derivatives
13- FRUTTA A GUSCIO	NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives
14- LUPINI	LUPIN and derivatives

### **COURSES PREPARED EVERY DAY:**

FIRST COURSES – PLAIN PASTA OR WITH TOMATO SAUCE

SECOND COURSES – DAILY SALAD VEGETARIAN COURSE

Extra menu options may be offered at the end of the service, which will be appropriately indicated at the self-service, together with an indication of allergens.