





## SUMMER MENU 29th April – 3rd May 2024

Monday 29<sup>th</sup> April 2024 Extra curricular Activities

First courses BARLEY SALAD with VEGETABLES (1) Gnocchi with tomato sauce

WHOLE WHEAT PASTA with MEAT SAUCE (1) Pork roast and carrots

Second courses BRESAOLA, ROCKET and CHEESE (3) + RAW or COOKED VEGETABLES\* Fruit

OMELETTE (2,3) + RAW OR COOKED VEGETABLES\*

Daily Salad with HAM and CHEESE (3)
Daily Salad Veg with CHICKPEAS and CORN

**Dessert** FRUIT

Tuesday 30<sup>th</sup> April 2024 Nursery, P1-P2

First courses PASTA with CREAM and HAM (1,3) Pasta with cream and ham

COUS COUS with VEGETABLES (1) Chicken thig and salad

Second courses VEGAN BURGER + RAW or COOKED VEGETABLES\* Fruit

CHICKEN THIGH + RAW or COOKED VEGETABLES\*

**Daily Salad** with MOZZARELLA and OLIVES (3)

**Dessert** FRUIT

Wednesday 1st May 2023

## CANTEEN CLOSED

Thursday 2<sup>nd</sup> May 2024 Nursery, P1-P2

First courses RICE SALAD (3,5) Pizza

PIZZA (1,3) Ham and tomatoes

Second courses TURKEY ROAST (1,3) + RAW or COOKED VEGETABLES\* Pudding

HAM and CHEESE (3) + RAW or COOKED VEGETABLES\*

Daily Salad with SLICED TURKEY and CHEESE (3)
Daily Salad Veg with LENTILS and FRESH CHEESE (3)

**Dessert** FRUIT or PUDDING (3)

Friday 3<sup>rd</sup> May 2023

First courses PASTA with TOMATO SAUCE and BACON (1)

WHOLE WHEAT PASTA with BROCCOLI (1)

Second courses PIE WITH COURGETTES and CHEESE (1,2,3)+ RAW or COOKED VEGETABLES\*

MEAT KEBABS + RAW OR COOKED VEGETABLES\*

Daily Salad with TUNA and OLIVES (5)

Daily Salad Veg with CHICKPEAS and CHEESE (3)

**Dessert** FRUIT







## **ALLERGENICS USED IN THE MENUS:**

1- GLUTINE Cereals containing GLUTEN

2-UOVA EGGS and derivatives

3- LATTE MILK and derivatives

4- CROSTACEI SHELLFISH and derivatives

5- PESCE FISH and derivatives

6- MOLLUSCHI MOLLUSCS and derivatives

7- SESAMO SESAME seeds and derivatives

8- SENAPE MUSTARD and derivatives

9- SOIA SOYA and derivatives

10- SEDANO CELERY and derivatives

11- SOLFITI SULPHUR DIOXIDE and SULPHITES

12- ARACHIDI PEANUT and derivatives

13- FRUTTA A GUSCIO NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives

14- LUPINI LUPIN and derivatives

## **COURSES PREPARED EVERY DAY:**

FIRST COURSES - PLAIN PASTA OR WITH TOMATO SAUCE

SECOND COURSES - DAILY SALAD VEGETARIAN COURSE

Extra menu options may be offered at the end of the service, which will be appropriately indicated at the self-service, together with an indication of allergens.