

WINTER MENU 19th – 23rd December 2022

Monday 19th December 2022		Extra Curricular activities
First courses	PASTA with BEANS (1) PASTA with PESTO SAUCE (1,2,3,12,13)	Pasta with pesto sauce Hamburger and carrots
Second courses	OMELETTE (2,3) + RAW or COOKED *VEGETABLES HAMBURGER + RAW or COOKED* VEGETABLES	Apple
Daily Salad	with OLIVES and CHEESE (3)	
Vegetarian course	VEGETARIAN BURGER	
Dessert	FRUIT	
Tuesday 20th December 2022		Nursery, P1-P2
First courses	GNOCCHI with MEAT SAUCE (1) PASTA with tomato sauce, cream and pesto (1,2,3,12,13)	Gnocchi with meat sauce Chicken nuggets and roasted potatoes
Second courses	CHICKEN NUGGETS* (1,2) + RAW or COOKED* VEGETABLES MEAT KEBABS + RAW or COOKED* VEGETABLES	Pandoro with hot chocolate cream
Daily Salad	with HAM and CHEESE (3)	
Vegetarian course	HARD BOILED EGGS and RAW VEGETABLES	
Dessert	FRUIT or PANDORO with HOT CHOCOLATE CREAM	
Wednesday 21st December 2022		CANTEEN CLOSED
Thursday 22nd December 2022		Nursery, P1-P2
SHORT DAY - CANTEEN CLOSED		
Friday 23rd December 2022		
SCHOOL CLOSED		

ALLERGENICS USED IN THE MENUS:

1- GLUTINE	Cereals containing GLUTEN
2-UOVA	EGGS and derivatives
3- LATTE	MILK and derivatives
4- CROSTACEI	SHELLFISH and derivatives
5- PESCE	FISH and derivatives
6- MOLLUSCHI	MOLLUSCS and derivatives
7- SESAMO	SESAME seeds and derivatives
8- SENAPE	MUSTARD and derivatives
9- SOIA	SOYA and derivatives
10- SEDANO	CELERY and derivatives
11- SOLFITI	SULPHUR DIOXIDE and SULPHITES
12- ARACHIDI	PEANUT and derivatives
13- FRUTTA A GUSCIO	NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives
14- LUPINI	LUPIN and derivatives

COURSES PREPARED EVERY DAY:

FIRST COURSES – PLAIN PASTA OR WITH TOMATO SAUCE OR PLAIN RICE

SECOND COURSES – CHEESE OR HAM (dish) OR DAILY SALAD (for example with hard-boiled eggs or tuna,...) (red bowl) + SALAD (green bowl) and VEGETARIAN COURSE (for example with vegetarian burger or meatballs or vegetables pie...)

OCCASIONALLY AS DESSERT – FRUIT SALAD OR CAKE OR ICE CREAM