

## WINTER MENU $\mathbf{1 8}^{\text {th }} \mathbf{-} \mathbf{2 2 ~}^{\text {nd }}$ March 2024

| Monday 18 ${ }^{\text {th }}$ March 2024 |  | Extra Curricular activities |
| :---: | :---: | :---: |
| First courses | PASTA with NUTS SAUCE $(1,3,12,13)$ | Ravioli with meat and tomato sauce <br> Ham - carrots and peas |
|  | RAVIOLI with MEAT and TOMATO SAUCE (1) H |  |
| Second courses | BEEF STEW (1) + RAW or COOKED* VEGETABLES <br> HAM + RAW or COOKED *VEGETABLES | ES Fruit |
|  |  |  |
| Daily Salad <br> Vegetarian course | with GRILLED CHICKEN |  |
|  | VEGETABLES BURGER |  |
| Dessert F | FRUIT |  |
| Tuesday 19 ${ }^{\text {th }}$ March 2024 |  | Nursery, P1-P2 |
| First courses | PASTA with TOMATO SAUCE, PESTO and CREAM $(1,2,3,112,13)$ P | Pasta with tomato sauce and ricotta |
|  | PASTA au GRATIN $(1,3)$ | Turkey Roast and roasted potatoes |
| Second courses | PORK ESCALOPE with WHITE WINE (3) + RAW or COOKED* VEGETABLES | OKED* VEGETABLES Fruit |
|  | TURKEY ROAST (3) + RAW or COOKED* VEGETABLES |  |
| Daily Salad | with HAM and CHEESE (3) |  |
| Vegetarian course | CHEESE OMELETTE $(2,3)$ |  |
| Dessert FR | FRUIT |  |



## ALLERGENICS USED IN THE MENUS:

1- GLUTINE
2-UOVA
3- LATTE
4- CROSTACEI
5- PESCE
6- MOLLUSCHI
7- SESAMO
8- SENAPE
9- SOIA
10- SEDANO
11- SOLFITI
12- ARACHIDI
13- FRUTTA A GUSCIO
14- LUPINI

Cereals containing GLUTEN
EGGS and derivatives
MILK and derivatives
SHELLFISH and derivatives
FISH and derivatives
MOLLUSCS and derivatives
SESAME seeds and derivatives
MUSTARD and derivatives
SOYA and derivatives
CELERY and derivatives
SULPHUR DIOXIDE and SULPHITES
PEANUT and derivatives
NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives
LUPIN and derivatives

COURSES PREPARED EVERY DAY:
FIRST COURSES - PLAIN PASTA OR WITH TOMATO SAUCE
MONDAY - TUESDAY - THURSDAY: WHOLE WHEAT PASTA WITH VEGETABLES
SECOND COURSES - DAILY SALAD VEGETARIAN COURSE

Extra menu options may be offered at the end of the service, which will be appropriately indicated at the self-service, together with an indication of allergens.

