





## WINTER MENU 11th - 15th March 2024

Monday 11<sup>th</sup> March 2024 Extra Curricular activities

First courses GNOCCHI with TOMATO SAUCE (1) Gnocchi with tomato sauce

PASTA with MEAT SAUCE (1) Pork Roast and carrots

Second courses OMELETTE with CHEESE (2,3) + RAW or COOKED \*VEGETABLES Fruit

PORK ROAST (1,3) + RAW or COOKED\* VEGETABLES

**Daily Salad** with HAM and CHEESE (3)

Vegetarian course VEGAN BURGER

**Dessert** FRUIT

Tuesday 12<sup>th</sup> March 2024 Nursery, P1-P2

First courses LASAGNE with MEAT SAUCE (1,2,3) Pasta with cream and ham

PASTA with CREAM and HAM (1,3) Chicken Thing

**Second courses** CHICKEN THIGH + RAW or COOKED\* VEGETABLES Roasted potatoes

PORK MEAT with PEAS (3) + RAW or COOKED\* VEGETABLES Fruit

Daily Salad with MOZZARELLA and OLIVES (3)

**Vegetarian course** OMELETTE (2,3)

**Dessert** FRUIT

## Wednesday 13<sup>th</sup> March 2024 CANTEEN CLOSED

Thursday 14<sup>th</sup> March 2024 Nursery, P1-P2

First courses PASTA with PESTO SAUCE (1,3,12,13) Pasta with tomato sauce

PLAIN RICE Flounder in breadcrumbs

Second courses FLOUNDER in BREADCRUMBS\* (1,2,5) + RAW or COOKED\* VEGETABLES green salad

BRESAOLA + RAW or COOKED\* VEGETABLES Pudding

Daily Saladwith CHEESE and SLICED TURKEY (3)Vegetarian courseFRESH CHEESE and RAW CARROTS (3)

**Dessert** FRUIT or PUDDING (3)

Friday 15th March 2024

First courses BARLEY SOUP (1)

PASTA with TUNA (1,5)

Second courses ROLLS with HAM and CHEESE (1,2,3) + RAW or COOKED VEGETABLES\*

BEEF HAMBURGER\* + RAW OR COOKED VEGETABLES\*

**Daily Salad** with TUNA and OLIVES (5)

**Vegetarian course** PIE with COURGETTES and CHEESE (1,2,3)

**Dessert** FRUIT

<sup>\*</sup>PRODUCTS OF FROZEN ORIGIN





## **ALLERGENICS USED IN THE MENUS:**

1- GLUTINE Cereals containing GLUTEN

2-UOVA EGGS and derivatives

3- LATTE MILK and derivatives

4- CROSTACEI SHELLFISH and derivatives

5- PESCE FISH and derivatives

6- MOLLUSCHI MOLLUSCS and derivatives

7- SESAMO SESAME seeds and derivatives

8- SENAPE MUSTARD and derivatives

9- SOIA SOYA and derivatives

10- SEDANO CELERY and derivatives

11- SOLFITI SULPHUR DIOXIDE and SULPHITES

12- ARACHIDI PEANUT and derivatives

13- FRUTTA A GUSCIO NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives

14- LUPINI LUPIN and derivatives

## **COURSES PREPARED EVERY DAY:**

FIRST COURSES - PLAIN PASTA OR WITH TOMATO SAUCE

MONDAY - TUESDAY - THURSDAY: WHOLE WHEAT PASTA WITH VEGETABLES

SECOND COURSES - DAILY SALAD VEGETARIAN COURSE

Extra menu options may be offered at the end of the service, which will be appropriately indicated at the self-service, together with an indication of allergens.