

Monday 4<sup>th</sup> October 2021

### **PEDAGOGICAL DAY**

Tuesday 5<sup>th</sup> October 2021

Nursery, P1-P2

# SCHOOL CLOSED FOR BIKE RACE

Wednesday 6<sup>th</sup> October 2021

# **CANTEEN CLOSED**

Thursday 7th October 2021Nursery, P1-P2		Nursery, P1-P2
First courses	LASAGNE with PESTO SAUCE (1,2,3,12,13)	Lasagne with pesto sauce
Second course	PASTA with CREAM and HAM (1,3) CHICKEN THIGH + RAW or COOKED VEGETABLES*	Fish nuggets* and green beans * Pudding
Second course	FISH NUGGETS* (1,2,5) + RAW or COOKED VEGETABLES*	
Daily Salad	with SPECK and EDAMER CHEESE (3)	
Vegetarian course VEGETABLES BURGER		
Dessert	FRUIT or PUDDING (3)	
Friday 8 <sup>th</sup> October 2021		
First courses	PASTA with 4 TYPE of CHEESE (1,3)	
	PASTA, TOMATO SAUCE and SPECK (1)	
Second courses	ses PORK IN BREADCRUMBS (1) + RAW or COOKED VEGETABLES*	
	HAM and BRIE (3) + RAW or COOKED VEGETABLES	*
Daily Salad	with TUNA and OLIVES (5)	
Vegetarian course EDAMER CHEESE and TOMATOES (3)		
Dessert	FRUIT	





#### ALLERGENICS USED IN THE MENUS:

- 1- GLUTINE Cereals containing GLUTEN
- 2-UOVA EGGS and derivatives
- 3- LATTE MILK and derivatives
- 4- CROSTACEI SHELLFISH and derivatives
- 5- PESCE FISH and derivatives
- 6- MOLLUSCHI MOLLUSCS and derivatives
- 7- SESAMO SESAME seeds and derivatives
- 8- SENAPE MUSTARD and derivatives
- 9- SOIA SOYA and derivatives
- 10- SEDANO CELERY and derivatives
- 11- SOLFITI SULPHUR DIOXIDE and SULPHITES
- 12- ARACHIDI PEANUT and derivatives
- 13- FRUTTA A GUSCIO NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives
- 14- LUPINI LUPIN and derivatives

#### COURSES PREPARED EVERY DAY:

FIRST COURSES - PLAIN PASTA OR WITH TOMATO SAUCE OR PLAIN RICE

<u>SECOND COURSES</u> – CHEESE OR HAM (dish) OR DAILY SALAD (for example with hard-boiled eggs or tuna,...) (red bowl) + SALAD (green bowl) and VEGETARIAN COURSE (for example with vegetarian burger or meatballs or vegetables pie...)

OCCASIONALLY AS DESSERT - FRUIT SALAD OR CAKE OR ICE CREAM

\*PRODUCTS OF FROZEN ORIGIN