

WINTER MENU 03rd – 07th /01/2022

Monday 03rd January 2022

First courses	PASTA with TOMATO SAUCE and AUBERGINES (1) RICE WITH CHEESE (3)
Second courses	VEAL ROAST (1,3) + RAW or COOKED* VEGETABLES HAM and SLICED FOOD + RAW or COOKED* VEGETABLES
Daily Salad	with CORN and SAUSAGES
Vegetarian course	VEGETABLES BURGER
Dessert	FRUIT

Tuesday 04th January 2022

Nursery, P1-P2

First courses	PASTA with CREAM, TOMATO SAUCE and PESTO SAUCE (1,2,3,12,13) GNOCCHI WITH TOMATO SAUCE (1)	Gnocchi with tomato sauce Omelette and courgettes
Second courses	CHEESE OMELETTE (2,3) + RAW or COOKED* VEGETABLES ROAST of TURKEY (1,3) + RAW or COOKED* VEGETABLES	Apple
Daily Salad	with FENNEL and OLIVES	
Vegetarian course	CAPRESE SALAD (3)	
Dessert	FRUIT	

Wednesday 05th January 2022

CANTEEN CLOSED

Thursday 06th January 2022

Nursery, P1-P2

EPIPHANY – SCHOOL CLOSED

Friday 07th January 2022

First Courses	PASTA with SAFFRON and SPECK (1,3) RAVIOLI with MEAT and TOMATO SAUCE (1,2)
Second courses	MEAT KEBABS (chicken, turkey, pork) + RAW or COOKED* VEGETABLES CRISPY PANCAKES with TOMATO SAUCE and MOZZARELLA*(1,2,3) + RAW or COOKED* VEGETABLES
Daily Salad	with TUNA and EGGS (2,5)
Vegetarian course	MEATBALLS OF LEGUMES
Dessert	FRUIT

*PRODUCTS OF FROZEN ORIGIN

ALLERGENICS USED IN THE MENUS:

1- GLUTINE	Cereals containing GLUTEN
2-UOVA	EGGS and derivatives
3- LATTE	MILK and derivatives
4- CROSTACEI	SHELLFISH and derivatives
5- PESCE	FISH and derivatives
6- MOLLUSCHI	MOLLUSCS and derivatives
7- SESAMO	SESAME seeds and derivatives
8- SENAPE	MUSTARD and derivatives
9- SOIA	SOYA and derivatives
10- SEDANO	CELERY and derivatives
11- SOLFITI	SULPHUR DIOXIDE and SULPHITES
12- ARACHIDI	PEANUT and derivatives
13- FRUTTA A GUSCIO	NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives
14- LUPINI	LUPIN and derivatives

COURSES PREPARED EVERY DAY:

FIRST COURSES – PLAIN PASTA OR WITH TOMATO SAUCE OR PLAIN RICE

SECOND COURSES – CHEESE OR HAM (dish) OR DAILY SALAD (for example with hard-boiled eggs or tuna,...) (red bowl) + SALAD (green bowl) and VEGETARIAN COURSE (for example with vegetarian burger or meatballs or vegetables pie...)

OCCASIONALLY AS DESSERT – FRUIT SALAD OR CAKE OR ICE CREAM