

SUMMER MENU 21st – 25th June 2021

Monday, 21st June 2021 (lunch in class P3)

First courses	GNOCCHI WITH TOMATO SAUCE (1) SPELT SALAD (1,3,5)
Second courses	HAM + FENNELS ESCALOPE OF PORK (1,3) + RAW OR COOKED VEGETABLES
Daily Salad	with GREEN BEANS and POTATOES
Vegetarian Course	OMELETTE (2,3)
Dessert	APRICOTS or FRUIT

Tuesday, 22nd June 2021 (lunch in class P4+P3NB) Nursery in class and P1-P2 in canteen hall

First courses	PLAIN PASTA OIL AND CHEESE (1,3) PASTA, CREAM and SAFFRON (1,3)	Pasta oil and cheese Flounder in breadcrumbs and green beans
Second courses	CHICKEN THIGH + RAW or COOKED VEGETABLES* FLOUNDER IN BREADCRUMBS* (1,2,5) + GREEN BEANS *	Peach
Daily Salad	with HAM and MOZZARELLA (3)	
Vegetarian Course	FRESH CHEESE and TOMATOES (3)	
Dessert	PEACH or YOGURT (3)	

Wednesday, 23rd June 2021

CANTEEN CLOSED

Thursday, 24th June 2021 (lunch in class P5) Nursery in class and P1-P2 in canteen hall

First courses	RICE SALAD (3,5) PASTA with CREAM, TOMATO SAUCE and PESTO (1,2,3,12,13)	Pasta with cream, tomato sauce and pesto Chicken Nuggets and courgettes
Second courses	OMELETTE with CHEESE (2,3) + RAW or COOKED VEGETABLES CHICKEN NUGGETS (1) + COURGETTES	Ice Cream for P1 P2 Yogurt for Nursery
Daily Salad	with TUNA and EGGS (2,5)	
Vegetarian Course	VEGETABLES BURGER	
Dessert	FRUIT or YOGURT (3)	

Friday, 25th June 2021

First courses	PASTA with TOMATO SAUCE and RICOTTA (1,3) RAVIOLI filled with spinach WITH NUTS SAUCE (1,2,3,12,13)
Second courses	CHEESE (3) + RAW VEGETABLES BEEF KEBABS + RAW OR COOKED VEGETABLES
Daily Salad	with BRESAOLA and OLIVES
Vegetarian course	VEGAN CUTLET
Dessert	FRUIT

ALLERGENICS USED IN THE MENUS:

1- GLUTINE	Cereals containing GLUTEN
2-UOVA	EGGS and derivatives
3- LATTE	MILK and derivatives
4- CROSTACEI	SHELLFISH and derivatives
5- PESCE	FISH and derivatives
6- MOLLUSCHI	MOLLUSCS and derivatives
7- SESAMO	SESAME seeds and derivatives
8- SENAPE	MUSTARD and derivatives
9- SOIA	SOYA and derivatives
10- SEDANO	CELERY and derivatives
11- SOLFITI	SULPHUR DIOXIDE and SULPHITES
12- ARACHIDI	PEANUT and derivatives
13- FRUTTA A GUSCIO	NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives
14- LUPINI	LUPIN and derivatives

COURSES PREPARED EVERY DAY:

FIRST COURSES – PLAIN PASTA OR WITH TOMATO SAUCE OR PLAIN RICE

SECOND COURSES – CHEESE OR HAM (dish) OR DAILY SALAD (for example with hard-boiled eggs or tuna,...) (red bowl) + SALAD (green bowl) and VEGETARIAN COURSE (for example with vegetarian burger or meatballs or vegetables pie...)

OCCASIONALLY AS DESSERT – FRUIT SALAD OR CAKE OR ICE CREAM

*PRODUCTS OF FROZEN ORIGIN

IN YELLOW: LUNCH IN CLASS FOR P3, P4 AND P5