**WEEK 1 - WINTER** 

MENU IN CLASSROOM **P3-P4-P5** 

ON MONDAY - TUESDAY - THURSDAY Sand

**COUSCOUS** with vegetables

Sandwich with RAW HAM + salad

PIECE OF FRUIT + FRUIT JUICE

**BOTTLE OF WATER 500cc** 

MENU KINDERGARTEN TUESDAY

PLAIN PASTA

OMELETTE + cooked vegetables

**PUDDING** 

PIECE OF BREAD

WATER

MENU KINDERGARTEN THURSDAY

PASTA AND BEANS

Mozzarella + raw vegetables
PIECE OF FRUIT or FRUIT JUICE

PIECE OF BREAD

WATER

**WEEK 2 - WINTER** 

MENU IN CLASSE **P3-P4-P5** 

FOCACCIA with HAM and CHEESE

DA FARE LUN - MAR- GIOV COOKED VEGETABLES

PIECE OF FRUIT + FRUIT JUICE BOTTLE OF WATER 500cc

MENU KINDERGARTEN TUESDAY

VEGETABLE SOUP

CHICKEN DRUMSTICK + ROASTED POTATOES

PIECE OF FRUIT or FRUIT JUICE

PIECE OF BREAD

WATER

MENU KINDERGARTEN THURSDAY

MASHED POTATOES

FISH STICKS + COOKED VEGETABLES

PIECE OF FRUIT or FRUIT JUICE

PIECE OF BREAD

WATER

**WEEK 3 - WINTER** 

MENU IN CLASSE **P3-P4-P5** PASTA with TOMATO SAUCE

DA FARE LUN - MAR- GIOV Sandwich with GOUDA CHEESE + salad

PIECE OF FRUIT + FRUIT JUICE BOTTLE OF WATER 500cc

MENU KINDERGARTEN **TUESDAY** PIZZA

HAM + RAW VEGETABLES

FRUIT YOGHURT PIECE OF BREAD

WATER

MENU KINDERGARTEN THURSDAY MINESTRONE WITH RICE AND LENTILS

HAMBURGER (+ ketchup) + COOKED VEGETABLES

PIECE OF FRUIT or FRUIT JUICE

PIECE OF BREAD

WATER

**WEEK 4 - WINTER** 

MENU IN CLASSE **P3-P4-P5** PILAF RICE with VEGETABLES

**DA FARE LUN - MAR- GIOV** Sandwich with HAM + salad

PIECE OF FRUIT + FRUIT JUICE BOTTLE OF WATER 500cc

MENU KINDERGARTEN **TUESDAY**GNOCCHI OF POTATOES WITH TOMATO SAUCE

TROUT BURGER in BREADBRUMBS + COOKED VEGETABLES

PIECE OF FRUIT or FRUIT JUICE

PIECE OF BREAD

WATER

MENU KINDERGARTEN **THURSDAY** RAVIOLINI with ricotta and spinach in broth

PORK SAUSAGE + COOKED VEGETABLES

PIECE OF FRUIT or FRUIT JUICE

PIECE OF BREAD

WATER