

WINTER MENU WEEK 1

MONDAY

First courses	PASTA with TOMATO SAUCE (1) PASTA with BECHAMEL, SAFFRON and SPECK (1,2,3)
Second courses	OMELETTE with CHEESE (2,3) + RAW or COOKED *VEGETABLES BRAISED MEAT (1,10) + RAW or COOKED* VEGETABLES
Daily Salad	with BRESAOLA and GREEN BEANS
Vegetarian course	VEGETABLES BURGER
Dessert	FRUIT

TUESDAY

Nursery, P1-P2

First courses	LASAGNE with MEAT SAUCE (1,2,3,10) GNOCCHI with TOMATO SAUCE and MOZZARELLA (1,3)	Lasagne with meat sauce Cheese and salad
Second courses	PORK ROAST (1,3) + RAW or COOKED* VEGETABLES CHICKEN THIGH + RAW or COOKED* VEGETABLES	Fruit
Daily Salad	with HAM and CHEESE (3)	
Vegetarian course	CAPRESE SALAD (3)	
Dessert	FRUIT	

WEDNESDAY

CANTEEN CLOSED

THURSDAY

Nursery, P1-P2

First courses	GNOCCHI of SEMOLINA, butter and grana cheese (1,2,3) RICE with CHEESE (2,3,10)	Pasta with tomato sauce Flounder in breadcrumbs and vegetables
Second courses	FLOUNDER IN BREADCRUMBS* (1,2,5) + RAW or COOKED* VEGETABLES BRESAOLA with ROCKET and GRANA CHEESE (3) + RAW or COOKED* VEGETABLES	Yogurt
Daily Salad	with OLIVES and MOZZARELLA (3)	
Vegetarian course	OMELETTE (2,3)	
Dessert	YOGURT (3) or FRUIT	

FRIDAY

First courses	PASTA with CREAM, TOMATO SAUCE and PESTO SAUCE (1,2,3,12,13) PASTA with NUTS CREAM (1,3,13)
Second courses	FISH STICKS * (1,5) + RAW or COOKED* VEGETABLES ESCALOPE of TURKEY with wine (1) + RAW or COOKED* VEGETABLES
Daily Salad	with TUNA and EGGS (2,5)
Vegetarian course	VEGAN BURGER (1)
Dessert	FRUIT

WINTER MENU WEEK 2

MONDAY

First courses	RICE WITH SAFFRON (2,3,10) PASTA with PESTO SAUCE (1,2,3,12,13)
Second courses	ROAST OF TURKEY (1,3) + RAW or COOKED* VEGETABLES OMELETTE with VEGETABLES (2,3) + RAW or COOKED *VEGETABLES
Daily Salad	with HAM and CHEESE (3)
Vegetarian course	VEGETABLES BURGER
Dessert	FRUIT

TUESDAY

Nursery, P1-P2

First courses	PASTA with TOMATO SAUCE and RICOTTA (1,3) PASTA with MEAT SAUCE (1,10)	Pasta with meat sauce Ham and vegetables
Second courses	HAM and CHEESE (3) + RAW or COOKED* VEGETABLES PORK with TOMATO SAUCE + RAW or COOKED* VEGETABLES	Fruit
Daily Salad	with GREEN BEANS and BRESAOLA	
Vegetarian course	OMELETTE (2,3)	
Dessert	FRUIT	

WEDNESDAY

CANTEEN CLOSED

THURSDAY

Nursery, P1-P2

First courses	VEGETABLE SOUP with RICE (10) PASTA with TUNA and OLIVES (1,5)	Polenta Beef stew and vegetables
Second course	BEEF STEW + RAW or COOKED* VEGETABLES FISH CROQUETTES (1,2,5) + RAW or COOKED* VEGETABLES	Pudding
Daily Salad	with SPECK and CHEESE (3)	
Vegetarian course	VEGETABLES BURGER	
Dessert	FRUIT or PUDDING (3)	

FRIDAY

First courses	PASTA with FOUR TYPE of CHEESE (1,3) PASTA with CREAM and TOMATO SAUCE (1,3)
Second courses	PORK IN BREADCRUMBS (1,2) + RAW or COOKED* VEGETABLES* SPECK and CHEESE (3) + RAW or COOKED* VEGETABLES
Daily Salad	with TUNA and OLIVES (5)
Vegetarian course	FRESH CHEESE and TOMATOES (3)
Dessert	FRUIT

WINTER MENU WEEK 3

MONDAY

First courses	PASTA with TOMATO SAUCE and AUBERGINES (1) RICE WITH CHEESE (2,3,10)
Second courses	VEAL ROAST (1,3) + RAW or COOKED* VEGETABLES HAM and SLICED FOOD + RAW or COOKED* VEGETABLES
Daily Salad	with CORN and SAUSAGES
Vegetarian course	VEGETABLES BURGER
Dessert	FRUIT

TUESDAY

Nursery, P1-P2

First courses	PASTA with CREAM, TOMATO SAUCE and PESTO SAUCE (1,2,3,12,13) GNOCCHI WITH TOMATO SAUCE (1)	Gnocchi with tomato sauce Omelette and vegetables
Second courses	CHEESE OMELETTE (2,3) + RAW or COOKED* VEGETABLES ROAST of TURKEY (1,3) + RAW or COOKED* VEGETABLES	Fruit
Daily Salad	with FENNEL and OLIVES	
Vegetarian course	CAPRESE SALAD (3)	
Dessert	FRUIT	

WEDNESDAY

CANTEEN CLOSED

THURSDAY

Nursery, P1-P2

First Courses	LASAGNE with PESTO SAUCE (1,2,3,12,13) VEGETABLES SOUP with PASTA (1,10)	Lasagne with pesto sauce Cheese and vegetables
Second courses	CHEESE (3) + RAW or COOKED* VEGETABLES FLOUNDER* IN BREADCRUMBS (1,2,5) + RAW or COOKED* VEGETABLES	Yogurt
Daily Salad	with TUNA and EGGS (2,5)	
Vegetarian course	OMELETTE (2,3)	
Dessert	YOGURT (3) or FRUIT	

FRIDAY

First Courses	PASTA with SAFFRON and SPECK (1,3) RAVIOLI with MEAT and TOMATO SAUCE (1,2)
Second courses	MEAT KEBABS (chicken, turkey, pork) + RAW or COOKED* VEGETABLES CRISPY PANCAKES with TOMATO SAUCE and MOZZARELLA* + RAW or COOKED* VEGETABLES
Daily Salad	with MOZZARELLA and CHICKEN (3)
Vegetarian course	MEATBALLS OF LEGUMES (1)
Dessert	FRUIT

WINTER MENU WEEK 4

MONDAY

First courses	RICE WITH SAFFRON (2,3,10) PASTA with BECHAMEL and TOMATO SAUCE (1,2,3)
Second courses	CHICKEN NUGGETS* (1,2) + RAW or COOKED* VEGETABLES ROAST of PORK and VEAL (1,3) + RAW OR COOKED* VEGETABLES
Daily Salad	with HAM and CHEESE (3)
Vegetarian course	OMELETTE (2,3)
Dessert	FRUIT

TUESDAY

Nursery, P1-P2

First courses	PASTA with CREAM and HAM (1,3) GNOCCHI OF SEMOLINA with TOMATO SAUCE (1,3)	Pasta oil and cheese Hamburger and vegetables
Second courses	BEEF HAMBURGER* + RAW or COOKED* VEGETABLES HAM + RAW or COOKED VEGETABLES*	Fruit
Daily Salad	with MOZZARELLA and OLIVES (3)	
Vegetarian course	VEGAN BURGER (1)	
Dessert	FRUIT	

WEDNESDAY

CANTEEN CLOSED

THURSDAY

Nursery, P1-P2

First courses	PIZZA MARGHERITA (1,3) PASTA with TOMATO SAUCE (1)	Pizza Margherita Sliced Turkey and vegetables
Second courses	ESCALOPE of CHICKEN with LEMON (1) + RAW or COOKED* VEGETABLES BRESAOLA + RAW or COOKED* VEGETABLES	Pudding
Daily Salad	with CHEESE and SLICED TURKEY (3)	
Vegetarian course	FRESH CHEESE AND TOMATOES (3)	
Dessert	FRUIT or PUDDING (3)	

FRIDAY

First courses	PASTA with TOMATO SAUCE and BACON (1) LASAGNE with TOMATO SAUCE and MOZZARELLA (1,2,3)
Second courses	ROLLS with HAM and CHEESE (1,2,3) + RAW or COOKED VEGETABLES* GRILLED CHICKEN + RAW OR COOKED VEGETABLES*
Daily Salad	with TUNA and OLIVES (5)
Vegetarian course	VEGAN MEATBALLS (1)
Dessert	FRUIT

ALLERGENICS USED IN THE MENUS:

1- GLUTINE	Cereals containing GLUTEN
2-UOVA	EGGS and derivatives
3- LATTE	MILK and derivatives
4- CROSTACEI	SHELLFISH and derivatives
5- PESCE	FISH and derivatives
6- MOLLUSCHI	MOLLUSCS and derivatives
7- SESAMO	SESAME seeds and derivatives
8- SENAPE	MUSTARD and derivatives
9- SOIA	SOYA and derivatives
10- SEDANO	CELERY and derivatives
11- SOLFITI	SULPHUR DIOXIDE and SULPHITES
12- ARACHIDI	PEANUT and derivatives
13- FRUTTA A GUSCIO	NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives
14- LUPINI	LUPIN and derivatives

COURSES PREPARED EVERY DAY:

FIRST COURSES – PLAIN PASTA OR WITH TOMATO SAUCE OR PLAIN RICE

SECOND COURSES – CHEESE OR HAM (dish) OR DAILY SALAD (for example with hard-boiled eggs or tuna,...) (red bowl) + SALAD (green bowl) and VEGETARIAN COURSE (for example with vegetarian burger or meatballs or vegetables pie...)

OCCASIONALLY AS DESSERT – FRUIT SALAD OR CAKE OR ICE CREAM

*PRODUCTS OF FROZEN ORIGIN