



MONDAY (lunch in class P3)

First courses WHOLE MEAL PASTA with TOMATO SAUCE (1)

RICE SALAD (3,5)

Second courses CHEESE (3) + RAW VEGETABLES

PORK MEAT + RAW or COOKED VEGETABLES

Dessert FRUIT

TUESDAY (lunch in class P4+P3NB)

Nursery in class and P1-P2 in canteen hall

First courses PIZZA (1,3) Pizza

RAVIOLI with butter and sage (1,2,3) Flounder in breadcrumbs and vegetables

Fruit

Second courses FLOUNDER IN BREADCRUMBS* (1,2,5) + RAW or COOKED VEGETABLES

ESCALOPE with LEMON* (1) + RAW or COOKED VEGETABLES*

Dessert YOGURT (3) or FRUIT

WEDNESDAY (CANTEEN CLOSED)

First courses PASTA with COURGETTES (1,3)

SPELT SALAD (3,5)

Second courses HAM + RAW VEGETABLES

CUTTLEFISH and POTATOES (5,6) + RAW or COOKED VEGETABLES*

Dessert FRUIT

THURSDAY (lunch in class P5)

Nursery in class and P1-P2 in canteen hall

First courses PASTA with PESTO SAUCE (1,2,3,12,13) Rice with tomato sauce

RICE WITH TOMATO SAUCE (3) Roast of turkey and vegetables

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Second courses ROAST OF TURKEY (1,3) + RAW or COOKED VEGETABLES

FRESH CHEESE (3) + RAW VEGETABLES

Dessert PUDDING or FRUIT

FRIDAY

First courses RICE WITH CHEESE (3)

GNOCCHI OF SEMOLINA with TOMATO SAUCE and GRANA CHEESE (1,3)

Second courses OMOLETTE WITH CHEESE (2,3) + RAW OR COOKED VEGETABLES*

VEAL with TUNA SAUCE (2,5) + RAW VEGETABLES





MONDAY (lunch in class P3)

First courses RICE WITH SAFFRON (3)

PASTA SALAD (1,3,5)

Second courses ROAST OF VEAL (1,3) + RAW OR COOKED VEGETABLES*

MOZZARELLA (3) + RAW VEGETABLES

Dessert YOGURT (3) or FRUIT

TUESDAY (lunch in class P4+P3NB)

Nursery in class and P1-P2 in canteen hall

First courses PASTA au GRATIN (1,2,3) Pasta with tomato sauce

PASTA with TOMATO SAUCE (1) Chicken in breadcrumbs and vegetables

Fruit

Second courses BRESAOLA ROCKET and GRANA CHEESE (3) + RAW VEGETABLES

CHICKEN IN BREADCRUMBS (1,2) + RAW or COOKED VEGETABLES*

Dessert FRUIT

WEDNESDAY (CANTEEN CLOSED)

First Courses RICE SALAD (3,5)

PASTA WITH CARBONARA OF VEGETABLES (1,2,3)

Second Courses CHEESE (3) + RAW VEGETABLES

ESCALOPE OF TURKEY (1) + RAW or COOKED VEGETABLES*

Dessert FRUIT

THURSDAY (lunch in class P5)

Nursery in class and P1-P2 in canteen hall

First courses PASTA with MEAT SAUCE (1,10) Rice with saffron

RICE WITH VEGETABLES (3)

Omelette and vegetables

Fruit

Second course OMELETTE with VEGETABLES (3) + RAW or COOKED VEGETABLES*

CHICKEN THIGH + RAW or COOKED VEGETABLES

Dessert FRUIT

FRIDAY

First courses PASTA with TOMATO SAUCE (1)

GNOCCHI with BUTTER and SAGE (1,3)

Second courses FISH CROQUETTES (1,3,5) + RAW or COOKED VEGETABLES*

COLD ROAST of TURKEY + RAW VEGETABLES







MONDAY (lunch in class P3)

First courses PASTA SALAD (1,3,5)

RICE WITH CHEESE (3)

Secondi piatti BEEF HAMBURGER * + RAW or COOKED VEGETABLES

HARD-BOILED EGG (2) + RAW VEGETABLES

Dessert PUDDING or FRUIT

TUESDAY (lunch in class P4+P3NB)

Nursery in class and P1-P2 in canteen hall

First courses LASAGNE with PESTO SAUCE (1,2,3,12,13) Rice with cheese

RICE WITH CHEESE (3) Fish sticks with vegetables

Pudding

Secondi piatti FISH STICKS (1,2,5) + RAW or COOKED VEGETABLES

PORK ROAST with aromas + RAW or COOKED VEGETABLES*

Dessert PUDDING or FRUIT

WEDNESDAY (CANTEEN CLOSED)

First courses PASTA with CREAM, TOMATO SAUCE and PESTO SAUCE (1,2,3,12,13)

PASTA WITH AUBERGINES (1)

Secondi piatti MOZZARELLA (3) + RAW VEGETABLES

ESCALOPE (1,3) + RAW or COOKED VEGETABLES*

Dessert FRUIT

THURSDAY (lunch in class P5)

Nursery in class and P1-P2 in canteen hall

First Courses PIZZA (1,3) Pizza

RICE SALAD of VEGETABLES Cold Roast of turkey with vegetables

Fruit

Second courses COLD ROAST of TURKEY + RAW VEGETABLES

HAM AND CHEESE ROLLS (3) + RAW or COOKED VEGETABLES

Dessert YOGURT or FRUIT

FRIDAY

First Courses RAVIOLI with BUTTER and SAGE (1,2,3)

RICE with GREEN PEAS (3)

Second courses CHICKEN in breadcrumbs (1,2) + RAW OR COOKED VEGETABLES

VEAL with TUNA SAUCE + RAW OR COOKED VEGETABLES







MONDAY (lunch in class P3)

First courses GNOCCHI WITH TOMATO SAUCE (1)

SPELT SALAD (1,3,5)

Second courses HAM + RAW VEGETABLES

ESCALOPE OF PORK + RAW OR COOKED VEGETABLES

Dessert FRUIT

TUESDAY (lunch in class P4+P3NB)

Nursery in class and P1-P2 in canteen hall

First courses PLAIN PASTA OIL AND CHEESE (1,3) Pasta oil and cheese

LASAGNE WITH MEAT SAUCE* (1,2,3,10) Flounder in breadcrumbs and vegetables

Yogurt

Second courses CHICKEN THIGH + RAW or COOKED VEGETABLES*

FLOUNDER IN BREADCRUMBS* + RAW or COOKED VEGETABLES

Dessert YOGURT or FRUIT

WEDNESDAY (CANTEEN CLOSED)

First courses PASTA with CREAM and TOMATO SAUCE (1,3)

RICE WITH SCAMORZA CHEESE(3)

Second courses FLOUNDER* + RAW or COOKED VEGETABLES

FRESH CHEESE + RAW VEGETABLES

Dessert FRUIT

THURSDAY (lunch in class P5)

Nursery in class and P1-P2 in canteen hall

First courses RICE SALAD (3,5) Pasta with tomato sauce and ricotta

PASTA with TOMATO sauce and RICOTTA (1,3) Ham and raw vegetables

Fruit

Second courses OMELETTE with CHEESE (2,3) + RAW or COOKED VEGETABLES

TURKEY IN BREADCRUMBS (1) + RAW or COOKED VEGETABLES

Dessert FRUIT or YOGURT (3)

FRIDAY

First courses WHOLE MEAL PASTA with TOMATO SAUCE (1)

RICE with TOMATO SAUCE (3)

Second courses CHEESE (3) + RAW VEGETABLES

BEEF KEBABS + RAW OR COOKED VEGETABLES







ALLERGENICS USED IN THE MENUS:

1- GLUTINE Cereals containing GLUTEN

2-UOVA EGGS and derivatives

3- LATTE MILK and derivatives

4- CROSTACEI SHELLFISH and derivatives

5- PESCE FISH and derivatives

6- MOLLUSCHI MOLLUSCS and derivatives

7- SESAMO SESAME seeds and derivatives

8- SENAPE MUSTARD and derivatives

9- SOIA SOYA and derivatives

10- SEDANO CELERY and derivatives

11- SOLFITI SULPHUR DIOXIDE and SULPHITES

12- ARACHIDI PEANUT and derivatives

13- FRUTTA A GUSCIO NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives

14- LUPINI LUPIN and derivatives

COURSES PREPARED EVERY DAY:

FIRST COURSES - PLAIN PASTA OR WITH TOMATO SAUCE OR PLAIN RICE

<u>SECOND COURSES</u> – CHEESE OR HAM (dish) OR DAILY SALAD (for example with hard-boiled eggs or tuna,...) (red bowl) + SALAD (green bowl) and VEGETARIAN COURSE (for example with vegetarian burger or meatballs or vegetables pie...)

OCCASIONALLY AS DESSERT - FRUIT SALAD OR CAKE OR ICE CREAM

*PRODUCTS OF FROZEN ORIGIN

IN YELLOW: LUNCH IN CLASS FOR P3, P4 AND P5